



The Colon Cancer Coalition, a grassroots organization that started in 2005 with one 5K race in Minneapolis, is on track to host over 40 events in 2012, adding races in several new cities including Atlanta, Memphis, San Diego, Houston and Toledo. A complete list of Get Your Rear in Gear events can be found at GetYourRearinGear.com/events.

Get Your Rear in Gear events promote awareness and funds to fight colon cancer. They are designed to unite people across the country to provide support and hope for those who have had their lives affected by our nation's second leading cause of cancer deaths, and to encourage individuals of all ages to get screened. Funds raised stay in the local communities to be invested in awareness, healthy living and other critical projects.

Get Your Rear in Gear® events are presented nationally by the Colon Cancer Coalition, a non-profit organization based in Minneapolis, and are 100% volunteer-driven in communities throughout the United States. To date the Colon Cancer Coalition has distributed nearly \$1.25 million back into local communities for colon cancer education, prevention, and screening. By making the words colon, colorectal and colonoscopy a part of the everyday language, we believe we can overcome the fear and decrease deaths from this largely preventable cancer. A history of the organization, upcoming events, and a list of programs receiving funding from the Colon Cancer Coalition can be found at GetYourRearinGear.com.

This year **VOS CPAs** sponsored and participated in the Get Your Rear in Gear 5K Run that took place in Savannah, GA. **VOS CPAs** President & COO, Heather N. Vinas placed in the 24% while raising money to help benefit the Colon Cancer Coalition.

